



**ANTI-RELIGIOUS**

DITCHING THE *RULES*, FINDING THE *TRUTH*.  
A STUDY OF GALATIANS

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Galatians 4:8-20

Weak and Worthless Principles Cause us to:

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Weak and Worthless Principles Cause us to:

- Feel Guilty Rather than Loved v. 9

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## Weak and Worthless Principles Cause us to:

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- Act in Self-Hatred Rather than Humility v. 12-16

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- Focus on Performance Over Relationships v. 13, 14, 17

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- Lose Our Joy v. 15

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Application Step #1 – Are you aware of any actions that can be categorized as weak and worthless? What are they? How are you pursuing Godly principles to overcome the weak and worthless ones?

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Application Step #1 – Are you aware of any actions that can be categorized as weak and worthless? What are they? How are you pursuing Godly principles to overcome the weak and worthless ones?

Application Step #2 – When are you challenged to feel loved by God? (Often it's because of self-pity or a self-imposed emotion of guilt.) How do you deal with your emotions to get over the hump and experience God's truth and love?

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Application Step #3– Do you have joy? What's the difference in "having joy" and "being happy"?

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Application Step #3– Do you have joy? What's the difference in "having joy" and "being happy"?

Application Step #4 – How does the confidence you receive from God make a difference in your approach to relationships?

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Application Step #3– Do you have joy? What's the difference in "having joy" and "being happy"?

Application Step #4 – How does the confidence you receive from God make a difference in your approach to relationships?

Application Step #5 – Think about a time when God has transformed your life. What did you do after that? This week think and pray about the times when you experienced transformation. Be challenged to share God's promises of healing to those around you when He does this. What are some practical ways you can share your testimony? Who's God put on your heart to talk to?



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